

When Jack Harmon, Phi Delta '19 (University of Mary Washington) traveled abroad to Chile, he never dreamed what his journey would become, and how it would impact not only himself, but many others as well. Jack's life-changing adventure began with the purchase of a used motorbike that allowed him to travel more than 1,500 miles across South America in an exploration of himself and fundraising campaign for others.

Before taking off on this adventure, Jack asked his Facebook friends and followers to help him raise money for suicide prevention in conjunction with his journey, in honor of several of his friends that took their lives.

Jack wanted to end his study abroad with an adventure that would challenge him to personal depths in which he was not even aware of. He rode his old used motorbike wherever the universe took him. Jack found that the curvy paths with dangerous drop-offs he encountered would help him appreciate how fragile life could be. At one point along his journey, he found himself without gas in the middle of no-where, where he couldn't communicate because of the language barrier.

"I wasn't sure I was going to make it out alive," says Jack.

On this journey he realized that he could depend on himself and that he was far stronger than he ever thought possible, both physically and mentally.

During his journey though, Jack realized he could also depend on others. His Facebook peers whom he had asked to support the cause of suicide prevention stepped up to his challenge and exceeded his expectations. Alongside Jack's life-altering journey, he was able to raise more than \$1,500.

When Jack returned and shared the details of his incredible journey, it sparked inspiration for another brother to step out of his comfort zone and support a cause close to his heart. Kole Lutz, Phi Delta '14 (University of Mary Washington), one of Jack's pledge brothers at the University of Mary Washington had planned to go abroad to parts of Asia, which is where he embraced his passion to raise money for youth education while riding 8,000 kilometers (nearly 5000 miles) around South Asia.

Jack and Kole were so transformed by their journeys and the impact they made, they decided to band together in an effort to extend this opportunity to others. On August 31, 2018, the two launched the Journey Foundation, a non-profit that serves as a resource for those wanting to take a transformative journey while raising funds for a cause they're passionate about. The Journey Foundation motto is *"One Life. One Journey. One Donation."*

Jack and Kole are equally passionate about helping others find their purpose and have a deeper perspective on life by taking a tough, heartfelt, and life-changing journey. They provide advice for how to prepare for such a journey as well as a plan for being successful. This includes answers to frequently asked questions such as: what do you need to think about, how to

consider what you'll need, how do you plan your route. Most importantly they provide you with a toolkit to set up a fundraising campaign so you can use this journey to reach across your network and raise funds to change someone else's life.

Jack and Kole would love for the Journey Foundation to be something they commit to full-time, but are currently doing it as a labor of love while they work other full-time jobs. They realize that there is a need for the "perfect" fundraising platform, so they are keeping an open mind to see what they can do to influence that technology.

You can follow along with them as they inspire new world-changing journeys on Instagram at [journey_foundation](#), on Facebook at [journey-foundation-221283901847611](#) or online at [journeyfoundation.net](#). You never know what journey it may inspire for you!